

# SAMPLE BREAKFAST MENU

We hope that breakfast at Highfield House will give you a hearty start to the day. We use locally sourced, free-range produce wherever possible including delicious eggs from our very own happy hens.



## *To start with, a choice of:*

Selection of cereals  
Wholemeal or white toast with butter and preserves  
Croissant with butter and preserves  
Natural yoghurt with muesli and honey  
Fresh fruit salad with yoghurt and maple syrup  
Tea or coffee  
Orange or apple juice

## *Followed by your choice of:*

### **Northumbrian cooked breakfast**

Sausage, bacon, mushrooms, roasted tomatoes or baked beans, fried, scrambled or poached free range egg and black pudding. Served with white or wholemeal toast.

### **Scrambled Eggs**

Softly scrambled free-range eggs cooked with a touch of cream, served with locally smoked salmon and hot buttered wholemeal toast.

### **Heg in a heg bowl**

Two softly boiled eggs with white or brown toast soldiers.

### **Craster kippers**

Caught, landed and smoked locally. Juicy, smoked kipper fillets served with butter, lemon and hot buttered wholemeal toast.